Enrichment options Block 3 - 2023-24

If you have any questions regarding this information, please email Miss Mathis (<u>enrichment@gwacademy.co.uk</u>)



Why do we have Enrichment?

At GWA, we believe school should be about so much more than lessons, exams and qualifications. It should also be about exploring new things, making new friends, facing new challenges and having fun!

Enrichment gives you the opportunity to try something new, something you thought you'd never like or something you know you're ACE at. No matter what you choose, you will make new friends and improve your enterprise skills...the experiences you will have will help to make YOU!

Years 7 – 9	Enrichment is compulsory for Years $7 - 9$. They will choose enrichment for the Spring Terms from the options on offer.			
Year 10	Year 10 students won't normally be involved in enrichment, however they may be involved in the show or core subject intervention or volunteering with KS3 enrichments.			
Year 11	Year 11 students won't normally be involved in enrichment. They may be involved in GCSE intervention sessions otherwise they will carry out independent study			

- We will do our best to ensure you have your first option as many times as we can, but this is not always possible.
- You will be asked to make 3 options per day, ranked in order. It is extremely important that you consider your second and third choices in the same way you do your first choice.
- Please do not select the same enrichment for your 1st, 2nd & 3rd choice.
- Students are also advised to only choose <u>one</u> day for self study

Unless there is a specific reason why you need to change enrichments, there will be no swapping once groups have been allocated.

Any requests for change must need to be agreed by enrichment leaders or the pastoral team

Tips for choosing your enrichment sessions

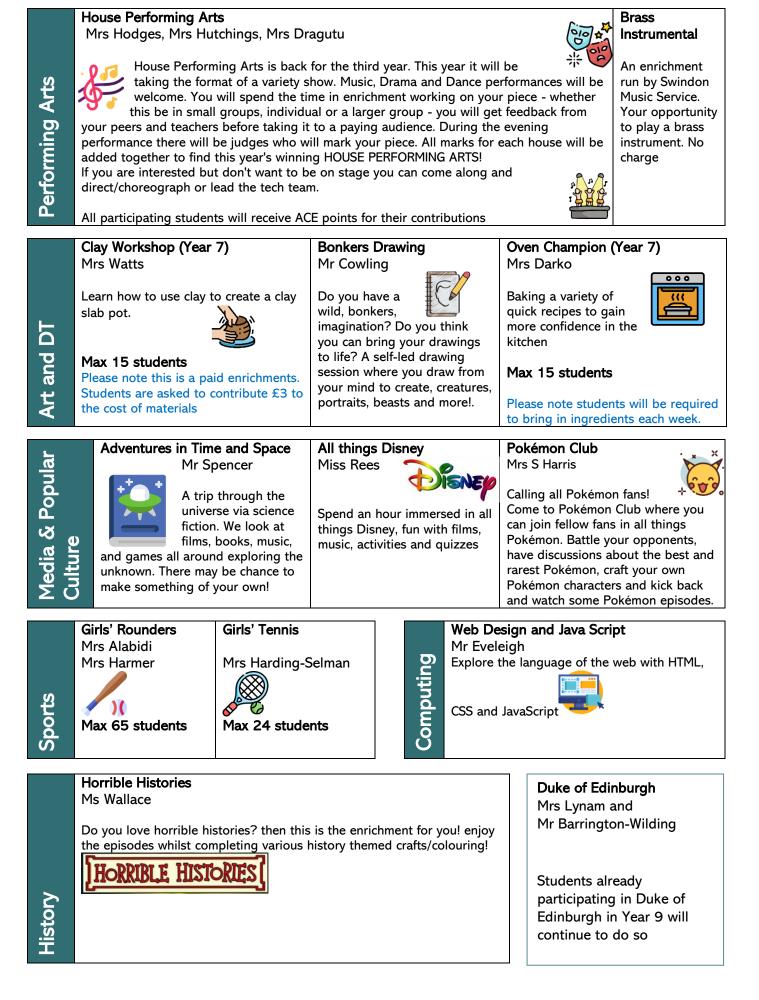
Do:

- Try something new! This is your opportunity to do something you've never done before.
- Develop something you are already good at not everything has to be new!
- Try for a mix of enrichments e.g. sports, arts, academic etc.
- Consider choosing a Self-Study session one day a week. This is a great opportunity to complete homework with the support of teachers available.
- Read through this booklet *carefully* so you know what the enrichments are about

Don't:

- Only do things because your friends are doing them. Choosing a session to be with your friends is fine, but you will make new friends so be brave and do a session because you want to do it, even if your friends don't.
- Choose all self-study sessions, you will miss out on the exciting enrichments and opportunities they bring!

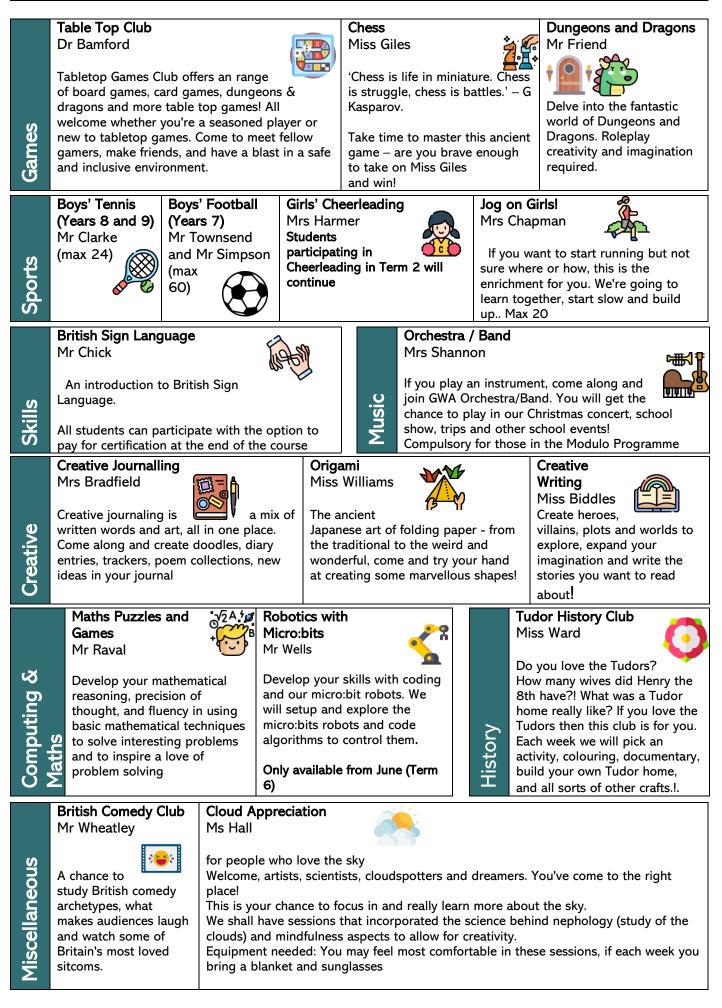
Tuesday



Wednesday

Sports	Mr Townsend Mr Moreira	Boys' Tennis (Yea Mr Simpson Max 24 students	r 7)	Girls' Fitness Mrs Rodway Max 25 stude	1	Frisbee Mr Smith 75 Max 30 students	
Performing Arts	Dance Company Mrs Dragutu Train with other dancers who are motivated, creative and passionate about dance, with the aim to choreograph and perform in assemblies, school events and competitions			Drama Company Miss Stevens Enjoy acting? KS3 Drama Company is for who enjoy their Drama lessons, and wish to work on their performance skills. We will explore of mixture of devised and scripted work. Please only join if you are happy to perform in front of others.			
Wellbeing	Mindfulness / Relaxation Mrs Hyde We look at a number of ways to achieve a calm relaxing environment, this will including colouring, relaxation techniques, Mindfulness management. Young Cal Mrs Lloyd A supportio our young meet other have a natt available at what Young at GWA, Invite only			Come and Carers; k at support	Science	History of Science Miss Clarke Students will be able to experience science through history. There will be experiments that were invented by the Greeks, the Italians, the Romans, etc.	
e e e e e e e e e e e e e e e e e e e			dy For kplore a's - ea t albun music v momen er unde	Y For It? Join Mr olore each of Taylor 's - each week will focus album where we will usic videos, song lyrics oments in her career to understanding of her		Sic Film Review Oyo m review club where watch great films from last 30 years and write ews about our favourite.	
Miscellaneous	Quiz Club Mr Miah Boost your general knowledge (Art & QUIZ Literature, Film & TV, Geography, History, Science, Sport, etc), complete quizzes of your own choice and/or design your own quiz.			Public Speaking and Debate Club Miss Fisher Do you want to make your voice heard? Come to Public Speaking and Debate Club to discuss some of the most relevant topics and challenge the norm. You can also learn to recite monologues, quote Shakespeare, and compete on a national stage!		Miss Mathis Learn how to construct and draw your family tree by ATA hand and ATAATA using your AAA PC.	

Thursday



Additional Information

<u>Self Study</u>. There is the opportunity to select self study for a particular day. Please be aware that this is for you to complete work independently and should generally be silent. On occasions this could be within a large group of people across multiple year groups and is dependent upon the number of staff available to run groups on a particular day. Students cannot specifically request to be with a specific teacher or group. Students should only select self study for one day. Be prepared – think about what you want to complete before you go and bring your books / laptop with you.... If you finish all your work, remember to have your reading book with you.

<u>Sports Clubs</u>. Including, Tennis, Football, Rounders, Athletics, Frisbee, Girls Fitness and Jog on Girls!, You <u>must</u> bring your PE kit every week. Sports clubs have been very popular and it is not always possible to allocate a space to everyone. If a group is very popular, it may be necessary to split these sessions and allocate different students before and after half term.

Tuesday - Girls' Rounders (Max 65 students), Girls' Tennis (Max 24 students)

Wednesday –Athletics (Max 60 students), Girls' Fitness, (max 24 students) Frisbee (max 30 students and Boys Tennis (Yr 7) (max 24 students)

Thursday – Boys Tennis (Year 8 and 9) (Max 24 students), Boys' Football (Year 7) (Max 60), Jog on Girls! (Max 20 students). Cheerleading – existing students only

British Sign Language

All students can participate in this course. There is an optional paid element at the end of the course to obtain your certificate.

Clay Workshop (Year 7)

This is a paid workshop. Students will be asked to pay £3 to cover the cost of materials

Oven Champion (Year 7 only)

Students will need to bring their own ingredients. Recipes will be shared on the Class Team

Duke of Edinburgh Bronze Award (Year 9)

Students who have signed up to participate in the Duke of Edinburgh Award will already be aware of his

<u>Nurture</u>

This is an environment for those who need more support in self study (invite only)

GWA Orchestra / Band

This is compulsory for anyone involved in the Modulo Programme.

A small number of students may be asked, in January, to be involved in the School Show Band. If this is the case they will be asked to rehearse until 5pm and contact will be made home to confirm this

Young Carers

Students who are young carers can attend this group. (Invite only)