

**Programme of Support for Families 2023.24**

We are pleased to introduce our programme of support for families at Great Western Academy. Our core value of care extends beyond the classroom door, and we would like to offer families this programme of support to help and encourage parents and carers to engage in their own learning, as well as supporting their child even further.

Below is our programme of support. Each session explains how you can join. If a session is sign up, a link will be sent out shortly in advance of the event. If a session is invitation only, but you feel it may benefit yourself or your child, please do get in touch.

If you would like any further information, please email: [SFF@gwacademy.co.uk](mailto:SFF@gwacademy.co.uk).

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Staff involved</b>	<b>Explanation of session</b>	<b>How to join this session</b>
Wednesday 13 <sup>th</sup> September	9am – 10.30am	Coffee Morning	EFL/ KMO	A chance to come into school and meet with other parents and have a cup of tea or coffee and a biscuit. The pastoral team will also be available to answer any questions or give advice, as well as the IT team on standby for any teething issues with logging in and using school programmes.	Drop in
Wednesday 20 <sup>th</sup> September	4.30pm – 5.30pm	Understanding the process of completing, marking and moderating GCSE and A-Level Art, Textiles and Photography	JCW & HWA	An opportunity to understand the demands of Art, Textiles and Photography at GCSE and A-level. During this session we will cover what content we deliver to your child through lesson time, how we assess throughout GCSE and A-Level and the end of year moderation process. You will be shown examples of previous projects and will have the opportunity to mark these projects yourself, based off the assessment objectives. This will also give an insight into how picking a creative subject in Year 9 can open many future career opportunities.	Sign up
Thursday 21 <sup>st</sup> September	9.30am – 11.30am	Supporting Transition	Pablo Gomez - TaMHs	A session lead by TaMHs on general wellbeing and the key areas of mental health and anxiety	Invitation only

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				following on from transition to support with change and provide a problem-solving approach in a positive way to avoid negative cycles, in terms of behaviours.	
Wednesday 27 <sup>th</sup> September	4.20pm – 5.00pm	Music: What we offer in school	ESH/ CHU	What we offer in school: Information on music lessons, choir, dance company and others. How PP funding can be available and how these offers are good for wellbeing/confidence being involved can be such as increasing memory and developing resilience.	Sign up
Wednesday 18 <sup>th</sup> October	5.00pm – 6.00pm	Supporting your KS4 child to revise for exams	RST/ CRO	This session will cover key revision techniques, sources of advice and support for parents and students in the lead-in to GCSE's.	Sign up
Monday 6 <sup>th</sup> November	4.30pm – 5pm	Introduction to RSE	LBR	An introduction to RSE. This will cover the key topics that will be covered with your child, so you can be prepared and support with any questions.	Sign up
Wednesday 15 <sup>th</sup> November	4.30pm – 5.30pm	Identifying exploitation	PCSO Emma Harriman/ EFL	A session designed to help parents understand how young people are approached and groomed, and key warning signs to look out for.	Sign up
Wednesday 22 <sup>nd</sup> November	4.30pm – 5.30pm	GCSE Science – the similarities and differences between Combined and Separate Science and what that means for post-16 options	DBA	This session will give you an overview of the Science curriculum and dispel some myths around Combined Science vs Separate Sciences. It will also provide handy tips on how to support your child to success. This session is for parents of year 8 and 9 students only.	Sign up
Wednesday 29 <sup>th</sup> November	4.30pm – 5.30pm	Careers and Skills	DCL	A session designed to explore our careers and skill provision at GWA, tracing the journey for students from year 7 to Y13 and beyond, discussing our	Sign up

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				teaching of skills and explaining how parents can use the resources from our partners, 'skillsbuilder.org'.	
Wednesday 6 <sup>th</sup> December	5.00pm – 5.30pm	Supporting your KS3 child to be organised	CRO	Gain a greater understanding of how your child needs to organise themselves at school; including where to find their homework assignments and how to support them in being resilient when using online resources.	Sign up
Wednesday 17 <sup>th</sup> January	4.30 – 5.30m	Simple behaviour/ encouragement tactics for younger students	LTO	A session for parents of years 7, 8 and younger year 9 students which aims to equip parents with several simple behaviour management techniques to try. These will focus on how to help parents to build positive relationships whilst also maintaining strong boundaries during a period when children are testing them!	Sign up
Wednesday 28 <sup>th</sup> February	4.30 -5.30pm	Reframing anxiety and strengthening resilience for teenage girls	LWI	A guide in supporting your child at home to be more resilient and manage stress appropriately, normalising teenage worries and recognising that some degree of stress and anxiety is not only normal, but essential for human growth.	Sign up
Wednesday 13 <sup>th</sup> March	4.30pm – 5.30pm	Parent drop -in	Emma Harriman/ EFL	An opportunity to attend the session at GWA to ask our local PCSO any questions you may have or to get advice from the local policing team.	Sign up
Wednesday 17 <sup>th</sup> April	4.30 – 5.30pm	Eating on a budget and make do and mend	SWR	A session for families and parents to look at delicious recipes on a budget and how students can get involved. There will be a focus on where groceries can be bought including price compare and look at how to getting in those fruits and vegetables. Additionally, there will be an opportunity for parents and students to learn	Sign up

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				basic, how to sew methods and quick cheap easy ways to alter your uniform.	
Wednesday 8 <sup>th</sup> May	4.30pm – 5.30pm	How to use technologies to support SEND and EAL	LWI	Going through some practical suggestions on how to make your computer user friendly for EAL, Dyslexia and some elements of cognitive support.	Sign up
Wednesday 5 <sup>th</sup> June	4.30pm – 5.30pm	Why 'just get over it' can never work	Mark Altree - Psychotherapist	A session that will look at why we can 'over-react' to seemingly low-level situations. We will look at what's happening in your head, where has the extra and unwanted emotion come from and what we can do about it.	Sign up